

Supporting women through perimenopause & menopause

Early support, clear explanations, personalised care

Dr Susana Rodriguez *FRACGP, RCGP, DCH, DFSRH, PGDip Clinical Dermatology*



Dr Susana Rodriguez is an experienced women's health GP supporting patients through perimenopause and menopause, including those who are beginning to notice changes in their hormones, mood, energy, body or menstrual cycle. Many women experience subtle or confusing symptoms years before menopause itself and early support can make a meaningful difference.

As a member of the Australasian Menopause Society, Dr Susana provides calm, evidence-based care to help patients understand what is happening in their bodies and explore appropriate treatment options, including hormonal and non-hormonal approaches, tailored to individual needs.

Alongside core menopause care, Dr Susana brings additional expertise in skin, hair and scalp health, allowing early identification and management of changes that are often overlooked during this transition.

A graduate of the prestigious University of Santo Tomas in Manila, Dr Susana has over 20 years' experience practising medicine in the UK and Australia, and is committed to care that is professional, approachable and personalised.

Appointments are available for women at any stage of perimenopause or menopause, including those seeking early advice, clarity or reassurance.

*If things don't feel quite like they used to, you're not alone –
and support is here...*

Common concerns addressed:

- Perimenopause and menopause care
- Skin changes during perimenopause
- Changes in hair density and scalp health
- Women's health, including hormonal support



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